

## **Vedanta Centre of Sydney**

### **List of Available CDs and DVDs**

	Description	Audio CDs		Video DVDs
		MP3	CDs	
1	Gita: Chapter 1, Introduction, 4 Talks	\$15	\$20	
2	Gita: Chapter 2, Yoga of Knowledge, 18 Talks	\$30	\$60	
3	Gita: Chapter 3, Yoga of Action, 18 Talks	\$30	\$60	
4	Gita: Chapter 4, Freedom through work without attachment, 24 Talks	\$60	\$80	\$100
5	Gita: Chapter 5, Yoga of Renunciation, 26 Talks	\$60	\$80	\$100
6	Gita: Chapter 6, Mind and its Control, 48 Talks	\$90	\$150	\$180
7	Gita: Chapter 7, Yoga of Knowledge and Wisdom, 31 Talks	\$70	\$100	\$120
8	Gita: Chapter 8, Yoga of Imperishable Reality, 24 Talks	\$60	\$80	\$100
9	Gita: Chapter 9, Yoga of Sublime Knowledge and Mystic Wisdom, 31 Talks	\$70	\$100	\$120
10	Gita: Chapter 10, Glimpses of Divine Glories, 24 Talks	\$60	\$80	\$100
11	Gita: Chapter 11, Revelation of Cosmic Form, 11 Talks	\$30	\$40	\$50
12	Gita: Chapter 12, Way of Devotion, 13 Talks	\$30	\$40	\$60
13	Gita: Chapter 13, Nature and Soul, 30 Talks	\$70	\$100	\$120
13	Gita: Chapter 14, Three Gunas, 24 Talks	\$60	\$80	\$100
13	Gita: Chapter 15, Way to The Supreme Being, 22 Talks	\$60	\$80	\$100
13	Gita: Chapter 16, Divine and Non-Divine Attributes, 13 Talks	\$30	\$40	\$60
14	Gita: Summary of Chapter 2 Description of Person of Steady Wisdom 5 Talks	\$15	\$20	
15	Discourses on Bhagavad Gita - Retreat at Hollywood Temple 8 Talks	\$15	\$25	
16	Patanjali Yoga Sutras: Chapter 1, Concentration & Its Spiritual Uses, 60 Talks	\$120	\$180	\$220
17	Patanjali Yoga Sutras: Chapter 2, Concentration & Its Practice, 41 Talks	\$80	\$140	\$160
18	Patanjali Yoga Sutras: Chapter 3, Yogic Excellence, 44 Talks	\$90	\$150	\$170
19	Patanjali Yoga Sutras: Chapter 4, Concentration and Freedom, 24 Talks	\$60	\$80	\$100
20	Spiritual Practices in Daily Life (Based on Patanjali Yoga Sutras 6 Discourses and Questions & Answers at Spiritual Retreat in Sydney	\$20	\$30	\$30
21	Mundaka Upanishad 53 Talks	\$120	\$170	
22	Spirituality and Seeing God: Dallas Retreat 4 Talks	\$15	\$20	
23	Advent of the Divine in the Modern Age, 5 Talks	\$15	\$20	\$30
24	Divinising our Life, 4 Talks	\$15	\$20	\$30
25	Concept of Incarnation of the Divine, 3 Talks	\$15	\$15	\$25
26	Concept of Universal Religion, 5 Talks	\$15	\$20	\$30
27	Concept of Karma Yoga, 6 Talks	\$15	\$25	\$30
28	Mind alone is the Root cause of Bondage and Freedom, 6 Talks	\$15	\$35	
29	Essence of Mundaka Upanishad, 11 Talks and Question Answers	\$30	\$40	\$50
30	Concept of Soham		\$5	
31	Concept of Pratyahara		\$5	
32	Concept of Dhyana, Dharana and Samadhi		\$5	
33	Role of Scriptures in Spiritual life		\$5	
34	Role of Sufferings in Human Life		\$5	\$10
35	Sri Ramakrishna - Can we Address Him 'A Scientist'		\$5	\$10
36	20 Pillars of Spiritual Life	\$10	\$15	\$20

37	The Four Yogas - discourses delivered at Easter Reterat in Sydney	\$15	\$35	\$40
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2 Stewart Street, Ermington NSW 2115  
Ph: +61 2 8197 7351 [spiritualbookstore.org.au](http://spiritualbookstore.org.au) [info@spiritualbookstore.org.au](mailto:info@spiritualbookstore.org.au)



